

Physical Challenge

Bible Brain Buster

Live It
Out!

Opponent's Choice

Physical Challenge

1. Do 10 jumping jacks.
2. Rub your stomach while patting your head. Reverse.
3. Run in place for 20 seconds.
4. Touch your toes.
5. Stand on one foot for 12 seconds.
6. Form a circle with everyone in your group.
7. Sing "I'm a Little Teapot" with motions.
8. Clap your hands 10 times.
9. Line up shortest to tallest.
10. Give high fives to the other team.

Bible Brain Buster

1. Name the king who threw a big party for 1,000 of his friends. (*King Belshazzar*)
2. What did people drink from at the party? (*gold and silver cups taken from the temple in Jerusalem*)
3. What terrified the people at the party? (*fingers of a man's hand that began writing on the wall*)
4. Who did Belshazzar call on to help him understand the writing? (*the wisest men in the area*)
5. Who told King Belshazzar about Daniel? (*the queen*)
6. What did Daniel tell King Belshazzar was the meaning of the words? (*It was a warning that his kingship would soon end.*)
7. What happened to King Belshazzar? (*He died that night.*)
8. Who gave Daniel wisdom and understanding? (*God*)
9. How can we gain wisdom and understanding from God? (*Ask Him for it; read the Bible.*)
10. Name a way God has helped you have wisdom and understanding. (*Answers will vary.*)
11. True or **False**: When God gives you wisdom and understanding, nothing bad will ever happen to you.
12. What does Proverbs 8:33 tell us to do with instruction? (*listen to it, not ignore it*)

Live It Out!

(The answers to these questions are open-ended. Listen for life application and understanding as the children respond.)

1. Name a way people can tell if we listen to and follow God's instructions.
2. Name a way we can help people learn to listen to and follow God's instructions.
3. Name a person who can help us learn to listen to and follow God's instructions.
4. Name an action we do to help us listen to and follow God's instructions.
5. Why is it important to listen to and follow God's instructions?
6. What can we learn from Daniel?
7. Name a way Daniel depended on God for wisdom and understanding.
8. How does it make you feel to know God is all-knowing? Why?
9. Share a time in your life when you had to depend on God for wisdom.
10. What are the benefits of listening to and doing what God tells us to do?