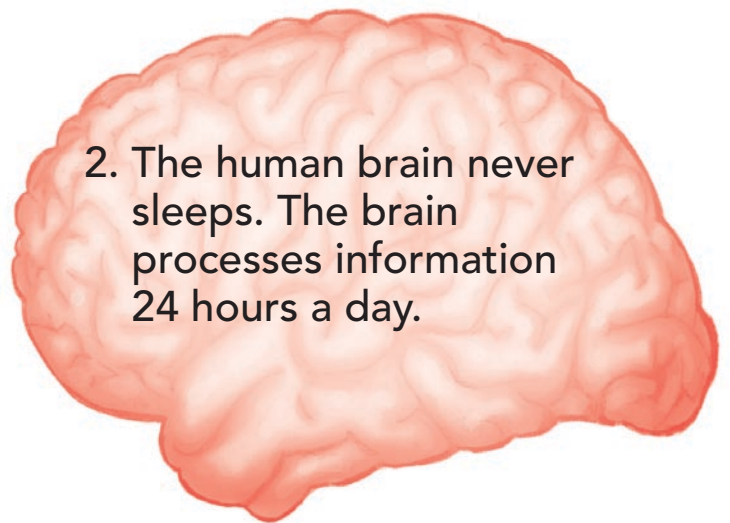
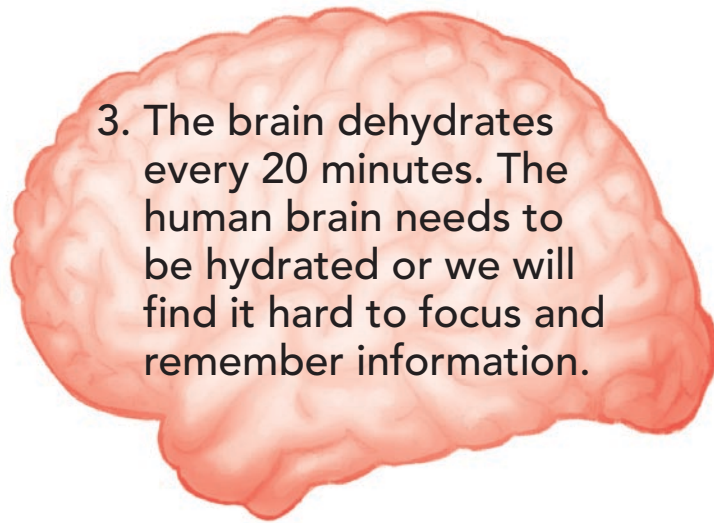


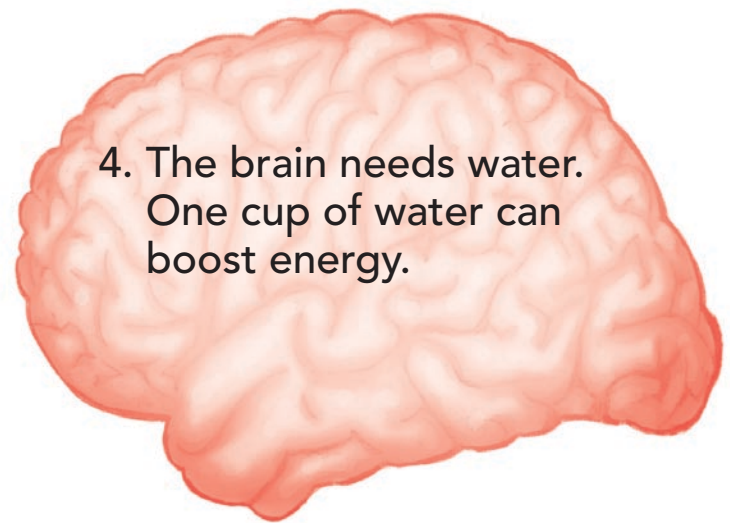
1. The brain receives information through our senses.



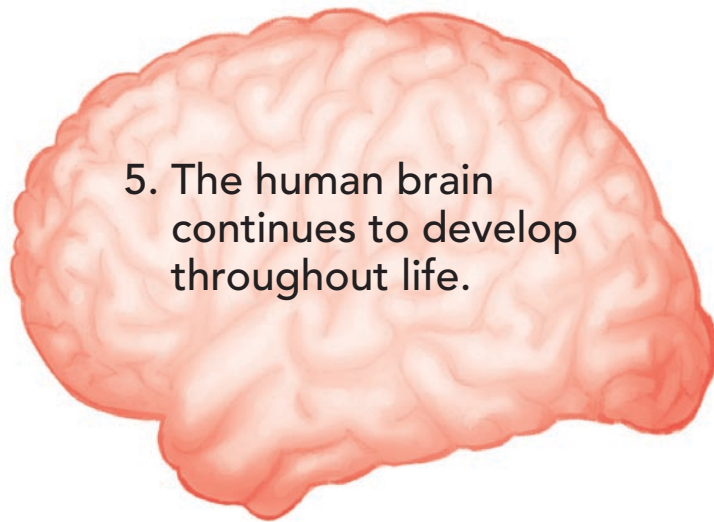
2. The human brain never sleeps. The brain processes information 24 hours a day.



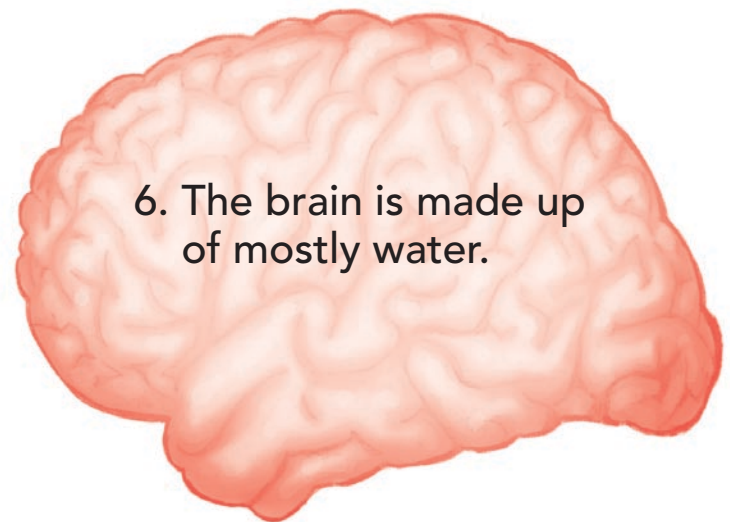
3. The brain dehydrates every 20 minutes. The human brain needs to be hydrated or we will find it hard to focus and remember information.



4. The brain needs water. One cup of water can boost energy.



5. The human brain continues to develop throughout life.



6. The brain is made up of mostly water.

