

# Application Activities

Select from the following choices. Each choice is designed for 20 minutes of small group time.

## Pull It Together

Pillowcases, cardboard, glow-in-the-dark paint, craft stamps, craft ink pads, scissors

- Print "Fear" (CD). Copy 1 per child.
- Cut cardboard to fit inside the pillowcases.

## Teacher Tip

Guide the children to avoid making fun of people with fears. Discuss how God can help people overcome their fears.

## Worship Through Arts and Crafts

- Review the Bible story.
- Ask: "What can we learn from Shadrach, Meshach, and Abednego? Would you be willing to take a stand like these men did? Do you think they were afraid? What makes you afraid? How do you deal with your fear? What does the Bible tell us about our fear?"
- Guide children to locate Psalm 56:3 in their Bibles. Discuss the verse.
- Say: "There are many things people fear. Let's look at some of these."
- Distribute "Fears."
- Guide the children to read things people fear.
- Say: "These are some things people fear. God does not want us to live in fear. He wants us to trust Him."
- Continue: "*Noctiphobia* is the fear of the night. To remind us to trust God at night, let's decorate pillowcases."
- Distribute pillowcases and cardboard.
- Instruct the children to place the cardboard inside the pillowcase.
- Lead the children to decorate their pillowcases.
- Encourage the children to use their pillowcases to remind them of God's love and promise to help when the boys and girls are afraid.
- Pray for each child by name.

## Pull It Together

Pencils, paper

- Print "Poetry" (CD). Copy 1 per child.

## Teacher Tip

Display the poems in the hallway for parents to read.

## Worship Through Dramatic Play

- Review the Bible story.
- Ask: "What can we learn from Shadrach, Meshach, and Abednego? Would you be willing to take a stand like these men did? Do you think they were afraid? What makes you afraid? How do you deal with your fear? What does the Bible tell us about our fear?"
- Guide children to locate Psalm 56:3 in their Bibles. Discuss the verse.
- Say: "The Book of Psalms is a collection of poetry. It helps us understand how much God loves us and how we should live our lives. There are long poems and short poems in Psalms. Let's examine some different types of poetry and write our own poems."
- Distribute "Poetry," paper, and pencils.
- Discuss the various types of poetry described.
- Lead each child to select a type of poetry to use and write a poem about trusting God.
- Provide assistance as needed.
- Encourage the children to write additional poems as time allows.
- Invite the children to share their poems with the group.
- Prepare several poems to share in Wrap-Up.
- Select a volunteer to pray, praising God for helping us when we are afraid.

### **Pull It Together**

Scissors

- Print "Letters" (CD).  
Cut apart.

### **Fears**

- Snakes
- Water
- Public speaking
- Nightmares
- Airplanes
- Spiders
- Storms
- Clowns
- Dogs
- Computers

## **Worship Through Games**

- Distribute the letters.
- Direct the children to tape the letters to their chests.
- Explain: "We will use the letters on our chests to spell things people fear. I will call out a word. Your task is to arrange yourselves to spell the word. If you do not have a letter in the word, sit down. If you have two letters in the word, give one letter to another player. If you have two letters, but one of them is not used, remove the letter not in the word. The object is to spell the words as quickly as possible."
- Play the game.
- Recall the words spelled or state additional things people fear.
- State: "Did you know that fear can cause several things to happen to our bodies? Among the effects of fear are: faster heartbeat, inability to sleep or eat, headaches, sweating more, or stomachaches. Do you ever have any of these feelings?"
- Review the Bible story.
- Ask: "What can we learn from Shadrach, Meshach, and Abednego? Would you be willing to take a stand like these men did? Do you think they were afraid? What makes you afraid? How do you deal with your fear? What does the Bible tell us about our fear?"
- Guide children to locate Psalm 56:3 in their Bibles. Discuss the verse.
- Pray for each child by name, asking God to show His power, love, and care in each child's life.

### **Pull It Together**

Scissors

- Print "Situations" (CD).  
Cut apart.

### **Teacher Tip**

Share a personal time in your life in which you trusted God to help you deal with fear.

## **Worship Through Exploration and Discovery**

- Review the Bible story.
- Ask: "What can we learn from Shadrach, Meshach, and Abednego? Would you be willing to take a stand like these men did? Do you think they were afraid? What makes you afraid? How do you deal with your fear? What does the Bible tell us about our fear?"
- Guide children to locate Psalm 56:3 in their Bibles. Discuss the verse.
- Ask: "Who are some people who have difficult jobs that may cause them to be afraid at times? If you were the President of the United States, would you be afraid? How would leading a nation cause you to have fear?"
- Continue: "Let's discover some things about people who faced fearful times and how they dealt with these situations."
- Distribute "Situations."
- Direct the children to read aloud the stories and state how the people trusted God to help them.
- Say: "What makes one person afraid may not scare another. We are not all the same. It is great to know God loves and cares for all of us, no matter what fears we face."
- Recite Psalm 56:3.
- Invite the children to quote Psalm 56:3 as a prayer.
- Pray for each child by name, asking God to show His power, love, and care in each child's life.